

# Are your adult patients on hemodialysis talking to you about CKD-itch?

CKD-associated pruritus (CKD-aP), also known as CKD-itch, may be affecting your hemodialysis patients more than you realize. That's why it is important to determine if CKD-aP is an issue and then discuss the impact it may be having on their lives.

To help start the conversation, here are a few questions you might ask your patients during their next visit:



Where on your body do you experience CKD-itch the most?



How much of an impact does CKD-itch have on your daily activities?



How intense is your CKD-itch?  
How frequently does it occur?



Does your CKD-itch impact your work or socializing?



Has your CKD-itch impacted your sleep?



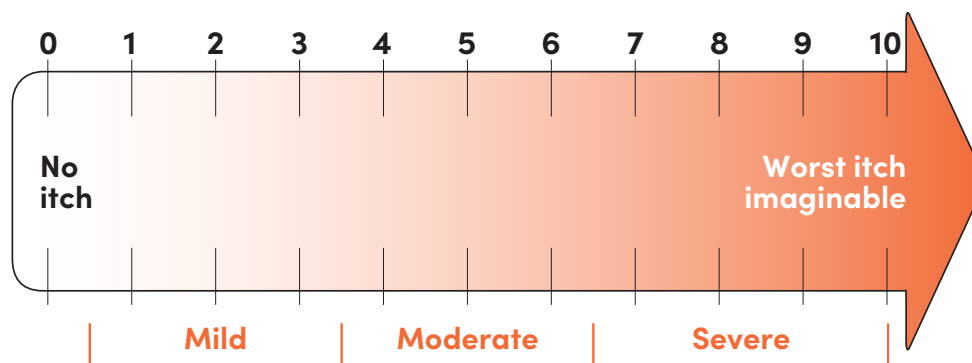
How does CKD-itch make you feel?

## Worst Itching Intensity Numerical Rating Scale (WI-NRS)

The WI-NRS is a validated scale that can help your patients communicate the intensity of CKD-itch occurring over a 24-hour period.<sup>1</sup>

- Have your patients use the numerical rating to report intensity levels ranging from 0 ("no itch") to 10 ("worst itch imaginable")
- When complete, you may use the score to determine next steps in management

Please indicate the intensity of the **WORST ITCHING** you experienced over the past 24 hours<sup>1</sup>



Don't let your patients suffer in silence. Ask them about their CKD-itch.

CKD=chronic kidney disease.

**Reference:** 1. Vernon M, Ständer S, Munera C, et al. Clinically meaningful change in itch intensity scores: an evaluation in patients with chronic kidney disease-associated pruritus. *J Am Acad Dermatol.* 2021;84(4):1132-1134. doi:10.1016/j.jaad.2020.06.991